

COMMUNITY LINK

APRIL 2008

CITY OF
CHATFIELD

BE PART OF TOURISM

IN CHATFIELD

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Volunteer At The Tourism Center

You can enjoy spending a few mornings or afternoons a month at the quaint tourism center nestled in beautiful City Park. Meet people from the area and around the world. Help to promote the businesses and areas of attraction in the Chosen Valley.

For more information contact;

Chatfield City Hall
21 Second Street SE
Chatfield MN 55923
Phone: 507-867-3810
E-mail: canderson@ci.chatfield.mn.us

*There will be an
informational
Potluck Supper
on May 5th at 5:30 pm
at City Hall.
Please call the Clerk's
office at 867-3810 to
reserve your seat!*



TORNADO SEASON



*The annual Severe Weather Week
will be observed
in Chatfield again this spring April 21–25.
The annual Tornado Drill will take place on
Thursday, April 24th at 1:45 p.m., in conjunction with
communities throughout the state. The sirens will
sound in the City of Chatfield 1:45 p.m., April 24th.*

ANNUAL DISCLOSURE NOTICE: SOLID WASTE DISPOSAL SITES

Wm. Hanson Waste Removal disposes residential and commercial waste at Fillmore County Resource Recovery Center and Olmsted County Waste Energy Facility. Demolition and construction material is disposed of at Veit Disposal Systems.

Note: Residents may be responsible for any liability that results from contamination at a facility where your waste has been disposed. Minnesota believes that its waste management system provides substantially more financial and environmental protection than depositing waste in landfills in other states. Managing your waste in Minnesota may minimize your potential liability.

CITY OF CHATFIELD

www.ci.chatfield.mn.us

Phone: 507-867-3810

Fax: 507-867-9093

21 Second Street SE

Chatfield, MN 55923

In Case of Emergency:

9-1-1

Ambulance (Non Emergency)

507-867-4446

Police (Non Emergency)

507-867-3331

Chatfield Public Library

507-867-3480

5 FOODS THAT LOVE YOUR HEART

What you eat can help lower your risk for cardiovascular disease. Be sure your diet helps protect you. These five special foods—and others with these same nutrients—may be especially effective:



1 Leafy greens—like spinach and romaine lettuce—are high in folate that can lower homocysteine. Having high levels of homocysteine is a major risk factor for heart disease.

2 Salmon (and other fatty fish) has omega-3 fatty acids that reduce inflammation and help prevent plaque from blocking arteries.

3 Tomatoes are rich in lycopene that helps lower cholesterol.

4 Oatmeal is a great source of soluble fiber that helps remove excess cholesterol from your body.

5 Pomegranates and blueberries are fruits that are rich in antioxidants that may reduce LDL (bad) cholesterol.

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APRIL 2008

- **Mon Apr 7th- Planning & Zoning 7:00 pm**
- **Mon Apr 14th- City Council 7:00 pm**
- **Wed Apr 16th-Cable Television Board 7:00 am**
- **Mon Apr 21st— Heritage Preservation Commission 7:00 pm**
- **Thu Apr 24th—Economic Development Authority 5:00 pm**
- **Mon Apr 28th- City Council 7:00 pm**

CITY OFFICIALS

MAYOR

Curt Sorenson (507) 867-3810
csorenso@amfam.com

COUNCIL MEMBERS

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chatfieldjake@yahoo.com

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TROUT CLASSIC BREAKFAST & FISHING CONTEST

Celebrate the trout stream opener
in Chatfield!!!

Saturday April 12, 2008
Chatfield Fire Hall

PANCAKE & SAUSAGE BREAKFAST
All the Pancakes You Can Eat, Sausage,
Coffee & Milk Served 6:00–10:00 a.m.
\$1.00 Pre-School Children
\$4.00 Students & Adults

**TROUT FISHING CONTEST FOR
FISHERMEN OF ALL AGES**
Entry Fee \$10 Adults & children over
12 \$1 Children 12 & under.
Pre-Register at Magnum Sports in Chat-
field before the day of the event.
On April 12, registration is either
at

Magnum Sports or the Fire
Hall until 8:00 a.m.

Live Trout Display Courtesy
of MN DNR—Maps of Area
Streams Provided

Prizes will be awarded by age category
and fish species. Weigh-ins and awards
will take place at 1:00 p.m. Join the
fun!!!

Walk your dog, but clean up, too.....

There is nothing better than a leisurely walk with your pet on a beautiful day. It is important, though, to clean up after your dog if "nature calls" while you are out and about.

Please carry a bag or two with you on your walk so you are prepared. The City has received a number of complaints about this and people need to be more considerate. Even in the parks—if your dog "does its business" while on a run in the park, make sure that you clean up there, too.

It is important to pick up after your pet. Not only is it inconsiderate but it is unlawful to allow your pet to defecate on other private or public property without cleaning up.

Please keep our town clean and healthy!!!

